Decluttering Clothes Checklist: Reasons

Date: _____ Round of Declutter: _____

Tally the reason each item leaves:

- Fit (pulls, gaps, slides, rides up) ☐ ☐ ☐ ☐ ☐
- Fabric/feel (itchy, hot, limp, pills) ☐ ☐ ☐ ☐ ☐
- Comfort/mobility (can't sit, can't raise arms, fussy all day) ☐ ☐ ☐ ☐ ☐
- Care (needs special laundry you won't do) ☐ ☐ ☐ ☐ ☐
- Color/contrast (washes you out, never matches) ☐ ☐ ☐ ☐ ☐
- Lifestyle mismatch (fantasy you, old job, old season of life) ☐ ☐ ☐ ☐ ☐

My top 3 entry rules:

_____

_____

_____

My 'do-not-buy-again' list:

_____

_____

_____

_____

3 Universal shopping rules:

 1) Heck-yes test (a maybe is a no)
2) Cost-per-wear lens (if you can't picture 30 wears, pause. Does the cost per wear if you only wear something 2-5 times make sense for your budget?
3) 1:5 rule (name 5 outfits using what you own with the item in question before buying).

Decluttering Clothes Checklist
Tailor / Replace / Donate

For each 'not a clear keep' item, choose one path and jot the reason.

Tailor
Fixable with one alteration

- ☐ _____ Reason:
- ☐ _____ Reason:
- ☐ _____ Reason:
- ☐ _____ Reason:
- ☐ _____ Reason:

Replace
Function is right, but something is consistently wrong.

- ☐ _____ Reason:
- ☐ _____ Reason:
- ☐ _____ Reason:
- ☐ _____ Reason:
- ☐ _____ Reason:

Donate
Done negotiating with it

- ☐ _____ Reason:
- ☐ _____ Reason:
- ☐ _____ Reason:
- ☐ _____ Reason:
- ☐ _____ Reason: